Cantoon Monu

Option 2: beef or Zaatar Manousha + Fruit Salad+ Popcorn +

Juice box

| Pinr Col | nacle lege |
|-------------|---------------|
| Col | |

| Canteen Menu | | | College |
|---|--|--|---|
| Lunch Falafel roll Or half a roll Chicken Yiros roll Chicken burger with lettuce and tomato sauce (tomato optional) Chicken roll with lettuce and mayo (onion optional) Chicken Breast Goujon + wedges Chicken Breast Nuggets + wedges Egg Sandwich Tuna Sandwich Tuna tin (chilli, plain and lemon) Meat and vegetable Fritter Chicken Pide Lebanese open pie/Manousha (beef or Zaatar) Nachos with Salsa Noodle cup (water drained) Toasted cheese sandwich | \$5.00 \$2.50 \$5.00 \$5.00 \$4.00 \$3.50 \$2.50 \$1.00 \$3.00 \$3.00 \$2.50 \$2.50 | Snacks Fruit salad Fresh fruit (fruits in season) Humus dip with crackers or veggie sticks Yoghurt dip with crackers or veggie sticks Popcorn Boiled egg Selection of chips (Potato Stix (original), Messy Monkey, JJ's) Welch's fruit snack Jelly cups Ice Cream (Summer only) Frozen Yoghurt Frozen fruit pop Ice-cream mini cones (Peters 1scoop) Drinks Water bottle or Juice box Up and Go or Plain skim milk box Hot Milo cup (winter only) | \$2.00 80c \$2.00 \$2.00 \$0c \$1.00 \$1.00 \$1.00 \$1.00 \$1.00 \$2.00 \$2.00 \$2.00 |
| Special Orders Mondays and Tuesdays Biryani Rice Wednesdays Spaghetti Bolognese Fridays Rice and Chicken Curry Complete Lunch Box (Available everyday and includes lunch, fruit, recess and drink) Option 1: Chicken breast Goujon+ Fruit Salad +Humus dip with Crackers + Juice box | \$5.00 \$5.00 \$5.00 \$10.00 | Recess: 11:15 am – 11:40 am Lunch: 1:10 pm – 1:50 pm All lunch orders must be in by 10:00 am at the la Heating 20c Free tomato sauce boxes available on request All food on this menu is Halal to the best of our keys and the last of last o | |

\$5.50